



**C**hinese massage Therapy

**Combining massage with herbal medicine has great benefits.**

Massage can enhance and speed up the action of herbal remedies, the hands can detect a wealth of diagnostic information and touch adds a deeply compassionate level to the act of healing. Furthermore the liniments, oils etc used in massage provide an additional channel for herbs to work.

Chinese massage is closely related to acupuncture in its use of the meridian system and is considered to be effective for a similar range of health problems. However it should not be seen as a poor relation to acupuncture. It is an effective and comprehensive therapy and is regarded alongside herbs, diet, qigong and one of the fundamental arts of Traditional Chinese Medicine.

Pain Relief

The Massage Shops Listed provide many kinds of therapy services and treatments, including massage, cupping, acupuncture, reflexology and foot spa etc. Their purpose is to offer the greatest help to their customers and keep them relaxed and healthy.

**NSW**

**Bondi Junction Westfield** Bondi Junction Foot Heaven, Chinese Massage

**Castle Towers Shopping Centre** Castle Hill AcurePoint

**Chatswood Westfield** Chatswood Ginseng Chinese medicine, Magic Massage, Wang's Massage

**Eastgardens Westfield** Eastgardens Jerry Zhao Massage, Eastgardens Natural Medicine

**Erina Faire Shopping Centre** Erina Ultimate China Massage

**Hurstville Westfield** Hurstville Beijing Chinese Medicine

**Miranda Westfield** Zen From China

**Parramatta Westfield** AcurePoint

**REDFERN Surry Hill Shopping Centre** Redfern Magic Touch Massage

**Royal Rambwick Shopping Centre** Randwick Magic Touch Massage

**St. Aves Shopping Village** St. Aves Massage

**Tuttrah Westfield** Tuttrah Massage Union

**Warringah Mall** Brookvale FMT Traditional Healing, FSX Natural Health

**VIC**

**Northland Shopping Centre** Preston Sensease Massage



For more information, please visit [www.thehealthplace.com.au](http://www.thehealthplace.com.au) or call 1800 001 101



Retail Price: \$39.95  
Our Price: \$32.45  
Order number: 101E

This herbal based acne/pimples product works very effectively by adjusting the secretion of sebaceous glands, clearing sweat pores, improving blood circulation, relieving itchiness and reducing inflammation. According to a study of 500 cases, the effective rate is 99%.

TCM Doctor's Note

101E Acne Getaway is a herbal product that works very effectively to get rid of your pimples and acne. Neither scars nor pigments will remain on your face after using 101E Acne Getaway. Your skin will look smooth, youthful and healthy.

101 Acne Getaway adjusts the secretion of sebaceous glands, clears sweat pores, improves blood circulation, reduces inflammation and relieves itchiness.

In June 1991, 101E Acne Getaway won a Golden Medal at the 14th World Invention Exhibition in New York.

A study of 101E Acne Getaway was carried out by medical doctors in several major Chinese hospitals on 500 people who had an obvious pimple/acne problem. The results were as follows:

\* improvements in the skin appeared after just 1 day of applying 101E Acne Getaway (if applied 3 times to the affected area)

\* best results can be seen after applying 101E Acne Getaway twice a day for 1-2 weeks

\* effective rate of 101 Acne Getaway is 99%

Acne is a chronic inflammation of the sebaceous glands. It usually occurs on the face, chest and back. It is caused by an imbalance in the sex hormones, hyper steatosis or bacterial infection.

101E Acne Getaway is made from natural Chinese herbs that combine to get rid of acne. A number of these herbs, such as Radix Gentiannae, Cortex Dictamni and Fructus Kochiae help clear away heat-dampness and expel wind inside the body.

Acne

For more information, please visit [www.thehealthplace.com.au](http://www.thehealthplace.com.au) or call 1800 001 101